

Female Result Category

Rankings		Name	BIB		Duration	Rate m/s	PostLag % Gndr	*Rems
Gndr	Open							
1	1	Jackie Stretton	79	Nuclear Races Striders	00:48:20	3.45		TR: 1/1
2	3	Clarice Sanderson	76	Witham RC	00:58:38	2.84	21.32	TR: 1/1
3	4	Orla Sandlin	78	Braintree & District AC	00:58:49	2.83	21.68	TR: 1/1
4	7	Claire Theobald	80		01:06:35	2.50	37.76	
5	8	Yasmin Blackwell	33		01:07:06	2.48	38.83	
6	9	Katie Rawlinson	74	Tiptree Road Runners	01:07:20	2.48	39.31	TR: 1/2
7	10	Jane Roach	75	Halstead Road Runners	01:07:23	2.47	39.41	TR: 1/1

Male Result Category

Rankings		Name	BIB		Duration	Rate m/s	PostLag % Gndr	*Rems
Gndr	Open							
1	2	Mark Jeffrey	54	Springfield Striders RC	00:57:51	2.88		TR: 1/1
2	5	John Sandlin	77	Grange Farm & Dunmow Ru	00:58:55	2.83	1.84	TR: 1/1
3	6	Andrew Tietjen	81		00:59:01	2.82	2.02	
4	11	Len Marten	56	Tiptree Road Runners	01:07:28	2.47	16.62	TR: 2/2
5	12	Steve Cope	38	Multisport-Management	01:13:50	2.26	27.63	TR: 1/2
6	13	Graham Lee	101	Multisport-Management	01:13:55	2.25	27.78	Tail Walker

*Rems: 'TR' = RANK within Team inclusively